

Annual Report Women Welfare Advisory Committee

Department/ Society Name: Women Welfare Advisory Committee

Annual Report Year: 2023-24

Statement of purpose: The Women Welfare Advisory Committee of Ram Lal Anand College, University of Delhi, has worked with the aim of equality and unity amongst all genders and the development of students by providing them a safe space for a healthy discussion and a platform to showcase their skills and thoughts on various issues that matter today. The committee continuously works towards empowerment of girl students through self-defence training programs conducted in association with Delhi Police, imparting knowledge on financial independence, laws protecting rights of the women women health and hygiene, women specific diseases including cancers and their prevention through lectures by eminent speakers. Society also conducts competitions on thought provoking topics, wall decorations and other activities like open mike, so that students are provided a platform to express themselves. The student members of the society are active on social media platforms like Instagram, Facebook, twitter etc. and keep on posting information on women related issues and salutations to women achievers.

Number of Events/ Activities Conducted: 03

Summarized details of Events/ Activities:

Sr. No	Name of Events/ Activity	Date of Event/ Activity	No. of Faculties Attended	No. of Students Attended	Name of Speaker/ Resource Person (Optional)
1	Orientation Programme	14/9/2023	06	60	Counsellor RLA college , Convenor Gender Sensitizing Committee Asmi-Prof Shruti Anand

2	Workshop On Cybersafety and Awareness for Women	02/11/2023	10	77	Dr. Surabhi Pandey, IIPA, New Delhi
3	Workshop on Self Defence	05/03/2024	10	85	-

Teacher Members

Dr. Sudha Chaudhary: Convener

Dr. Seema Joshi: Co-convener

Dr. Neelam Rishikalp:

Sakshi: Member

Kirti Punia: Member

Student Coordinators:

Azra Fayaz, B.Sc(H) Microbiology, 2nd Year

Khusi Kumari, B.A. Political Science, 1st year

Vani Bisht, B.Sc(H) Computer Science. 2nd Year

Ashita Singh Khasa, B.Sc(H) Microbiology, 2nd Year

Mansi Maini, BMS, 2nd Year

Nishu, B.Com(P), 2nd year

Detailed Information about Events:



Orientation Programme

Women Welfare Advisory Committee held an Orientation Programme with the girl students of the college on 14.9.2023 in the college premises from 11am-1pm. The session was attended by more than sixty girl students. During the programme, the students were apprised of the various activities to be undertaken by the WWAC during 2023-24.

Students were also informed about the Gender Sensitizing Committee and Internal Complaints Committee of the college. They were apprised of the Sports and Medical facilities available in the college. Ram Lal Anand College Counsellor also addressed the students and encouraged them to discuss with her if they had any issues. During the interactive session the students pointed out some problems which the committee decided to take up at appropriate level.

Besides the committee members, convenor Gender Sensitizing Committee, Prof Shruti Anand and counsellor, Ram Lal Anand College, Ms. Jyotsna Mittal also addressed the students. The students were encouraged to take part in the activities of the society and discuss with the committee members, and counsellor the issues of concern to them. In this regard student coordinators from various departments were also nominated.


Representative pictures





RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI


WOMEN WELFARE ADVISORY COMMITTEE

**ORIENTATION
PROGRAMME**

 **Date: 14th September, 2023**

 **Timings : 12:00pm-1:00pm**

 **Venue : Room No. 7**



<https://forms.gle/kfYhaU6vdyVefMSuw6>

Scan the QR code or click the link provided to join the committee as student volunteer (Girls only).

Prof. Neelam Rishikalp
Ms. Sakshi
Dr. Kirti Punia
Members

Ms. Seema Joshi
Co-Convenor

Dr. Sudha Chaudhry
Convenor

Prof. Rakesh Kumar Gupta
Principal



Detailed Information about Events:

1. Title of the event: Workshop on Cyber Safety and Awareness for Women
2. Date and duration: 02/11/2023, 11am- 1:00pm
3. Venue/online: Seminar Hall
4. Nature of event: National/ International/ State/ Inter-college/ Intracollege :Intracollege
5. Invited speakers, their affiliation and brief profile of each speaker: Dr. Surabhi Pandey, Associate Professor, Indian Institute of Public Administration (IIPA)
6. Brief feedback Report: Women Welfare Advisory Committee organized a workshop to make the girl students of the college aware of the issues pertaining to cybersafety for women on 2.11.2023. The workshop was conducted by Dr Surabhi Pandey, Assistant Professor, Indian Institute of Public Administration. Ms. Sakshi, Assistant Professor, Department of Computer Science was the faculty coordinator for the event.

The students were made aware of the need to keep abreast with the kind of cyber risks/ attacks, that they can face and the modes to prevent the same. They were apprised of the ways to protect their data on electronic systems such as mobile devices and computers from digital attacks. During the workshop participants actively interacted with the resource person and had their queries answered. The workshop which was attended by about 77 students and 10 faculty members was very well received by the participants.

7. Representative pictures



 **Ram Lal Anand College** 
University of Delhi

Women Welfare Advisory Committee

Workshop
on
"CYBER SAFETY AND AWARENESS FOR WOMEN"

 **Date: 2nd Nov 2023**

 **Time: 11 am onwards**

 **Venue: Seminar Room**



 **Get Yourself Registered!**



<https://forms.gle/Pb5JsSchaViRuMa56>

SPEAKER
Dr. Surabhi Pandey
Indian Institute of Public
Administration , New Delhi

Student Coordinators
Azra Fayaz: (7889818737)
Ashita Khasa: (9896325178)
Mansi Maini: (9717726151)

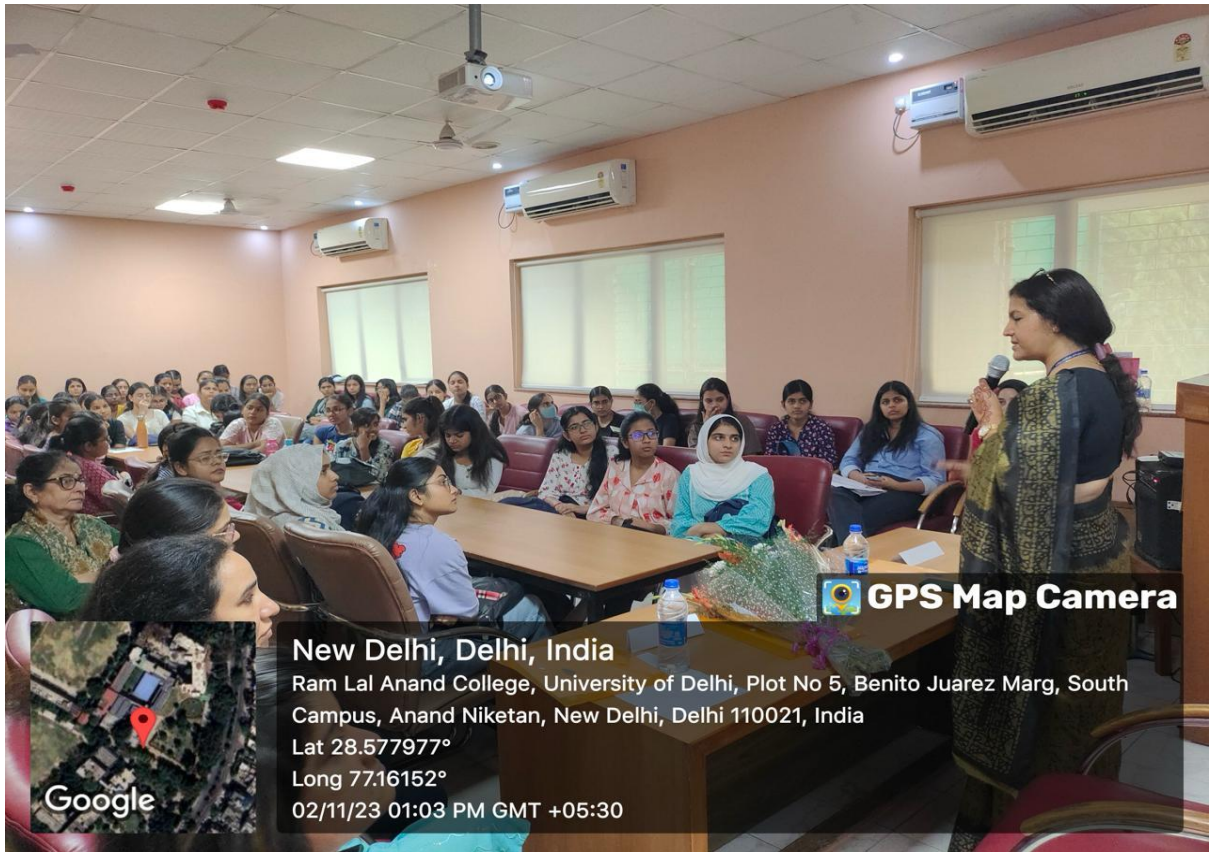
Prof Rakesh Kumar Gupta
PRINCIPAL

Dr Sudha Chaudhary
CONVENER

Ms Sakshi
COORDINATOR

Ms Seema Joshi (Co convener)
Prof Neelam Rishikalp (Member)
Dr Kirti Punia (Member)





Detailed Information about Events:

1. Title of the event: Workshop on Self Defence
2. Date and duration: 05/03/2024, 1:30pm-3:30pm
3. Venue/online: Amphitheatre
4. Nature of event: National/ International/ State/ Inter-college/ Intracollege etc.: Intra
5. Invited speakers, their affiliation and brief profile of each speaker: Special Police Unit for Women and Children of Delhi Police
6. Brief feedback report: Leading up to International Women's Day on March 8th, the Women Welfare Advisory Committee (WWAC) of Ram Lal Anand College orchestrated a vital initiative: a self-defense workshop tailored for the female students of the institution, held on March 5th, 2024. This collaborative effort was made possible with the invaluable assistance of the Special Police Unit for Women and Children of the Delhi Police. The groundwork for this empowering event was laid through a series of informative discussions led by WWAC members, enlightening students about the significance of self-defense. The workshop itself, a blend of enlightening lectures and practical demonstrations, captured the attention of approximately 100 eager participants. Attendees were guided through an array of fundamental self-defense techniques crucial for navigating potentially perilous situations. Techniques such as the Hammer Strike, Elbow Strike, Palm Strike, and Rear Neck Chokehold were demonstrated, equipping students with essential skills to safeguard themselves effectively.

Moreover, participants received valuable insights into everyday practices that enhance personal confidence and safety within their surroundings. The session fostered an open forum for students to pose questions and seek guidance based on their own experiences, with a dedicated team from the Delhi Police on hand to provide expert responses.

Feedback from participants echoed a resounding sentiment of empowerment and enhanced self-assurance, affirming the workshop's effectiveness in bolstering the confidence of the attending students.

7. Representative pictures



New Delhi, Delhi, India
RAM LAL ANAND COLLEGE, South Campus, South Moti Bagh, New Delhi, Delhi 110021, India
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Long 77.161402°
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